



Joyful Land

BUDDHIST CENTRE

A member of the International Kadampa Buddhist Union



June 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 TTP 7:00-9:00pm	3 Noon Hour Meditation 12:15-1:00pm Buddhist Thought and Meditation 7:00 - 8:30pm	4 FP 6:00-10:00pm	5 Noon Hour Meditation 12:15-1:00pm	6 Medicine Guru 7:00 - 8:00pm	7 TTP 7:00-9:00am
8 Prayers for World Peace 10:00 - 11:30am Buddha Buddies 3:00-4:30pm	9 TTP 7:00-9:00pm	10 Noon Hour Meditation 12:15-1:00pm Lama Chopa 2 - 4pm Buddhist Thought and Meditation 7:00 - 8:30pm	11 FP 6:00-10:00pm	12 Noon Hour Meditation 12:15-1:00pm	13	14 TTP 7:00-9:00am
15 Precepts 6:30-7:00am Prayers for World Peace 10:00 - 11:30am	16 TTP 7:00-9:00pm	17 Noon Hour Meditation 12:15-1:00pm Buddhist Thought and Meditation 7:00 - 8:30pm	18 FP 6:00-10:00pm	19 Noon Hour Meditation 12:15-1:00pm	20	21 TTP 7:00-9:00am When Things get Tough 10:00am-12:00noon
22 Prayers for World Peace 10:00 - 11:30am Community BBQ 12:00 noon	23 TTP 7:00-9:00pm	24 Noon Hour Meditation 12:15-1:00pm Buddhist Thought and Meditation 7:00 - 8:30pm	25 Lama Chopa 2:00 - 4:00pm FP 6:00-10:00pm	26 Noon Hour Meditation 12:15-1:00pm	27 Prayers of Compassion for the Deceased 7:00 - 8:00pm	28 Meditation 101 10:00am - 12:00noon
29 Prayers for World Peace 10:00 - 11:30am Kangso Puja 1:00 - 5:00pm	30	Wishfulfilling Jewel with Lamrim meditation Monday to Saturday 4:45 - 6:00pm Wishfulfilling Jewel with tsog Sunday 8:15 - 9:15am		TTP - Teacher Training Program FP - Foundation Program Puja - Chanted Prayers		